



Courageous Hearts Ministries

Newsletter 2/9/14
Volume 5, Issue 1

3228 East Eisenhower Boulevard, Loveland, CO 80537

CourageousHeartsMinistries.org

info@courageousheartsministries.org

(970) 663-2044

Ministries Update

By Steve and Sherilyn Cook

Greetings everyone. God’s blessings to you in this wintry early 2014. It’s been several years since I’ve remembered snow on the ground through most of January and February. Maybe my memory is just getting shorter!

Sherilyn took a break in 2013 from teaching the Courageous Hearts Sunday school class at Timberline Church. During this time, she redesigned the material to be presented in two series of shorter classes. The class name has also been changed, hopefully to be less confusing and even less intimidating. Instead of “Courageous Hearts” which doesn’t clearly define what will be taught, the name was changed to “Relationships 101”, followed by “Relationships 201”.

We have put quite a few “With All My Heart” books into people’s hands this last year, as well as signing up people with personal passwords to read the book online and watch the Courageous Hearts video (CourageousHeartsMinistries.org) series online. The internet portion is all done without having to pay an internet provider for these services.

Sherilyn is flying to Northern California in mid-February to do some counseling (we started calling it “mentoring” rather than counseling). Later this summer, in Southern California she will also meet with members of a church who are very interested in our materials. They have been studying on their own using the book and videos.

The ministry is continuing to do well financially. Our supporters have been such a blessing. We are humbled and grateful.

INSIDE THIS ISSUE

Ministries Update	1
Ministry Musings	1
Prayer Requests	2

We are very encouraged concerning the Ministry. God is still at work in the lives and hearts of His people. We keep reminding ourselves that Courageous Hearts is not a ministry of the multitudes, but a ministry about one person and one heart at a time. What is fantastic is seeing those who have been changed through our ministry beginning to impact the lives of their own friends and family. It is a new generation and it is very exciting.

Ministry Musings

By Sherilyn Cook

As long as we continue to breathe we are a part of the greatest adventure on the earth! We must not forget that! That is why Paul says to run the good race, fight the good fight and for me to live is Christ. I'd like to add stay diligent and strong each moment of every day. This is only accomplished through Him and for His glory by constantly examining your heart. I would like to encourage you to continuously seek out strongholds and bring them to Christ. Guard your heart moment by moment and look for things within your heart that are not of God. Get free of them with the help of Christ, that your love for Him might be revealed through this daily commitment and devotion. Guarding your heart must become a way of daily life.

In the book, “With All My Heart, I Will Love You,” I use myself as an example of parental failure. It was

emotionally difficult for me to write about my failures. I am, also, finding it difficult now, to share our family successes when so many families are struggling, but I must give God the Glory in this:

I am in awe of how much my children (David – 38, Dan – 28 and Adam – 27) now love me and love each other. Steve and I know this because they tell us often through cards and in personal notes. Their love and respect shows in their laughter and in the advice they seek from us. We are so blessed by them. Do we still have problems; tension; friction? Yes, Yes, and Yes, but we are all on this journey together now, and we go the distance in each and every circumstance. Thanksgiving this year was my worst day of the year for about four hours, but we went the distance together. Adam prayed through seven strongholds with me, and Dan thanked me for my willingness to put my head on the chopping block. Life sometimes gets messy, but God brings out the beauty in us through the mess and in spite

of it! Turkey day turned out to be one of our best days of the last 13 years! When we interact with each other God's way, He draws us closer. Within our family, God has truly given us the desires of our hearts. I would encourage you to take a close look at your relationships, they are worth it. If you would like a password to get access to the online book and videos please ask. We want to make these available for you, our Partners In Glory (PIGS?).

Prayer requests:

- ▶ That people will read, watch and take to heart CH Ministry's printed and online materials and have their lives changed as they learn to love God with all their hearts.
- ▶ Pray God will continue to meet the ministry's needs. That He will continue to talk to us, lead, direct and teach us.
- ▶ For the ministry to spread to churches and people in other states as God multiplies His ministry.



Courageous Hearts Ministries
3228 East Eisenhower Blvd

